

Pl	Stnr	Navn	År	Klub	Tid
D14 (1) 5.1 km 0 Hm 12 K					
1	1	Lisa Børsting	14	Herlufsholm OK	1:04:22,0
D21 (2) 9.8 km 0 Hm 22 K					
1	2	Vera Mullerova	31	Farum OK	1:04:39,0
	3	Randi Nielsen	35	Ballerup OK	Ikke startet
D35 (2) 7.3 km 0 Hm 18 K					
1	4	Pia R. Skorstengaard	36	Lyngby OK	1:11:26,0
2	5	Helle Pitters	40	Lyngby OK	1:22:18,0
D40 (1) Slettede stræk 5.8 km 0 Hm 14 K					
1	6	Louise Karlskov Skyggebjerg	48	Lyngby OK	1:11:12,0
D50 (3) 4.5 km 0 Hm 12 K					
1	8	Birgitte Erskov Halland	61	OK ØST Birkerød	41:46,0
2	7	Sandra Simonsen	53	FIF Hillerød	41:59,0
3	9	Fiona Becker	53	Søllerød OK	51:28,0
D55 (5) 4.5 km 0 Hm 12 K					
1	14	Annette Bonde	59	Ballerup OK	41:52,0
2	10	Ulla Hooge	72	OK ØST Birkerød	49:10,0
3	13	Kirsten Nymann Petersen	72	OK ØST Birkerød	57:53,0
4	12	Gitte Grauert	58	Ballerup OK	1:12:02,0
	11	Linda Rotovnik	56	Søllerød OK	Ikke startet
D60 (1) Slettede stræk 3.8 km 0 Hm 12 K					
1	15	Hanne Frost	64	Ballerup OK	57:39,0
D65 (4) Slettede stræk 3.8 km 0 Hm 12 K					
1	16	Mette Seir Hansen	65	Helsingør SOK	46:43,0
2	19	Margit Ulmer	68	Tisvilde Hegn OK	54:48,0
3	17	Betty Folino	68	FIF Hillerød	58:16,0
4	18	Benthe Jensen	69	OK Skærmens Værløse	1:02:29,0
D70 (3) Slettede stræk 3.8 km 0 Hm 12 K					
1	22	Inge Jørgensen	76	OK Roskilde	34:35,0
2	20	Anne Bülow-Olsen	74	Lyngby OK	1:02:33,0
	21	Lise Bertram	74	Helsingør SOK	Fejlkl.
D75 (7) 2.9 km 0 Hm 10 K					
1	23	Else Gudme	75	OK73	34:46,0
2	29	Kirsten Olsen	78	Søllerød OK	43:06,0
3	28	Marianne Lykking	77	OK73	44:40,0
4	27	Bente Keil	77	Lyngby OK	48:59,0
5	24	Lisbeth Jensen	77	Ballerup OK	49:41,0
6	26	Ulla Valnert	77	OK73	1:05:24,0
	25	Annelise Hansen	79	FIF Hillerød	Fejlkl.

Pl	Stnr	Navn	År	Klub	Tid
D80 (2) 2.9 km 0 Hm 10 K					
1	30	Inge Madsen	84	OK73	45:00,0
2	31	Kirsten Truelsen	82	Ballerup OK	59:33,0
D/H90 (1) 2.9 km 0 Hm 10 K					
	32	Jørgen Poulsen	91	OK73	Fejlk.
H10 (1) 2.9 km 0 Hm 10 K					
1	33	Mads Storm Lyngsø	10	Allerød OK	18:35,0
H14 (1) 5.1 km 0 Hm 12 K					
1	34	Rasmus Storm Lyngsø	13	Allerød OK	1:08:00,0
H16 (1) 7.3 km 0 Hm 18 K					
1	35	Vincent Becker	15	Søllerød OK	53:29,0
H21 (8) 11.7 km 0 Hm 24 K					
1	39	Lukas Høghøj	26	Lyngby OK	1:11:46,0
2	37	Mads Troelsgård	27	Lyngby OK	1:16:56,0
3	38	Alex Ottesen	54	Ballerup OK	1:25:23,0
4	43	Jonas Isaksen	30	Lyngby OK	1:25:35,0
5	41	Janus Helbo	31	Lyngby OK	1:26:07,0
6	36	Emil Illemann Andreasen	24	Viking Atletik	1:27:59,0
7	42	Svend Christiansen	55	PI-København	1:38:34,0
8	40	Søren Vestergaard	31	PI-København	1:53:33,0
H35 (2) 9.8 km 0 Hm 22 K					
	45	Mogens Hagedorn	55	Søllerød OK	Fejlk.
	44	Jakub Jirasek	35	AMOK	Ikke startet
H45 (4) 9.1 km 0 Hm 18 K					
1	48	Morten Ploug	49	Ballerup OK	1:13:18,0
2	50	Joakim Ilsing Sørensen	49	Ballerup OK	1:17:02,0
3	49	Sebastian I.V. From	50	Lyngby OK	1:23:17,0
4	47	Tore Sejr Jørgensen	45	Kildeholm OK	1:38:47,0
H50 (8) 7.3 km 0 Hm 18 K					
1	56	Lars Lyngsø	50	Allerød OK	52:03,0
2	52	Jesper Lægsgaard	51	Lyngby OK	55:48,0
3	57	Morten Hultberg Buchgreitz	54	Søllerød OK	1:03:22,0
4	58	Michael Nygaard Møller	53	Ballerup OK	1:05:20,0
5	53	Anders Jonsson	68	Søllerød OK	1:08:11,0
6	54	Finn Lindstrøm	57	Lyngby OK	1:10:53,0
7	55	Peter Becker	51	Søllerød OK	1:18:47,0
8	51	Rune Larsen	57	AMOK	1:40:08,0
H60 (4) Slettede stræk 5.8 km 0 Hm 14 K					
1	59	Søren Sloth	62	FIF Hillerød	41:59,0
2	62	Jens Bentsen	61	OK ØST Birkerød	56:26,0
3	61	Niels Aabye	64	Ballerup OK	1:11:29,0

Pl	Stnr	Navn	År	Klub	Tid
H60 (4) Slettede stræk 5.8 km 0 Hm 14 K					(skrifttyper)
	60	Per Rasmussen	61	AMOK	Ikke startet
H65 (11) Slettede stræ 5.8 km 0 Hm 14 K					
1	66	Henrik Kleffel	67	Søllerød OK	47:09,0
2	70	Niels la Cour Bentzon	66	Søllerød OK	49:01,0
3	67	Jens Korsholm	67	Farum OK	50:13,0
4	73	Jens Peter Gundorf	66	OK ØST Birkerød	50:59,0
5	69	Ove Jakobsen	67	Farum OK	55:26,0
6	63	Niels Raagaard	69	Søllerød OK	55:55,0
7	68	Max Prang	66	Fredensborg OK	58:43,0
8	71	Bent Johansen	69	OK73	59:36,0
9	64	Kai Beck-Andersen	69	Farum OK	1:04:58,0
10	65	Lars Olsen	68	OK Roskilde	1:17:04,0
	72	Kristen Bonnen	67	Ballerup OK	Fejlkl.
H70 (6) 4.5 km 0 Hm 12 K					
1	76	Søren A. Nielsen	74	Helsingør SOK	40:51,0
2	75	Viggo Hansen	73	Ballerup OK	46:10,0
3	78	Jens Høgsfeldt	71	FIF Hillerød	46:34,0
4	77	Peter Nielsen	77	OK Skærmens Værløse	48:50,0
5	79	Steen Sørensen	75	OK Skærmens Værløse	1:08:51,0
6	74	Leif Jensen	72	OK Skærmens Værløse	1:18:47,0
H75 (13) Slettede stræ 3.8 km 0 Hm 12 K					
1	87	Ole Svendsen	78	OK Roskilde	36:21,0
2	90	Allan Christiansen	77	Fredensborg OK	37:24,0
3	91	Ole Christiansen	75	Farum OK	39:29,0
4	80	Gunner Jørgensen	78	OK73	40:00,0
5	82	Kaj Rostvad	79	Søllerød OK	40:37,0
6	85	Knud Lykking	78	OK73	41:24,0
7	81	Jørgen Chr. Nielsen	77	FIF Hillerød	41:54,0
8	89	Jim Chalmers	76	Lyngby OK	45:45,0
9	84	Mogens Jørgensen	75	Søllerød OK	47:27,0
10	88	Knud Torm	75	OK Skærmens Værløse	49:04,0
11	86	Svend Erik Jensen	76	OK Skærmens Værløse	1:03:33,0
12	83	Poul Gregersen	78	Ballerup OK	1:09:03,0
	92	Ulrik Danneskiold-Samsøe	76	Farum OK	Ikke startet
H80 (4) 2.9 km 0 Hm 10 K					
1	96	Henning Løwenstein	82	FIF Hillerød	38:06,0
2	94	Bendt Frandsen	84	Farum OK	51:08,0
3	93	Govert Heede	83	Ballerup OK	57:27,0
	95	Carl Djurhuus	83	Kildeholm OK	Fejlkl.
H85 (1) 2.9 km 0 Hm 10 K					
1	97	Bent Mortensen	85	OK73	46:14,0

Pl	Stnr	Navn	År	Klub	Tid
Åben1 (4) 8.7 km 0 Hm 20 K					
1	174	Leif E. Larsen		Tisvilde Hegn OK	1:04:27,0
2	173	Kåre Sørensen		OK Sorø	1:12:51,0
3	98	Lars Hanghøj Petersen	66	Ballerup OK	1:26:36,0
4	168	Michael Galthen Ibsen		FSK Orientering	1:49:22,0
Åben2 (23) 6.8 km 0 Hm 17 K					
1	166	Mads Christian Maarup		Allerød OK	38:18,0
2	109	Hans Martin Kjer	34	Lyngby OK	48:09,0
3	181	Jakob Søndergaard		OK Roskilde	50:45,0
4	170	Michael Graae		Søllerød OK	51:46,0
5	104	Kurt Thuesen	64	FSK Orientering	55:23,0
6	111	Niels Peder Møller	30	Lyngby OK	55:48,0
7	175	Henrik Albahn		Lyngby OK	56:12,0
8	110	Marie Sofie Møller	36	Lyngby OK	57:45,0
9	99	Gregers Jørgensen	64	Ballerup OK	58:36,0
10	112	Bente Madsen	62	Tisvilde Hegn OK	1:01:57,0
11	177	Henrik Nielsen		Holbæk OK	1:02:48,0
12	201	Kim Lindahl		OK Melfar	1:02:56,0
13	105	Leif Pedersen	59	FSK Orientering	1:05:03,0
14	106	Sif Thieme	24	FSK Orientering	1:06:28,0
15	103	Erik Sørensen	71	FSK Orientering	1:06:35,0
16	178	Erik Simonsen		OK ØST Birkerød	1:07:55,0
17	180	Anette Holm		Farum OK	1:08:36,0
18	101	Michael Hjorth	63	Ballerup OK	1:12:46,0
19	205	Volker Naulin		OK Roskilde	1:13:35,0
20	100	Jimmy Hoen	71	Ballerup OK	1:13:42,0
21	46	Rune Odin	44	Lyngby OK	1:35:19,0
	102	Peter Nørgaard	68	Ballerup OK	Ikke startet
	108	Leif Sudergaard	58	Kildeholm OK	Ikke startet
Åben3 (31) 4.5 km 0 Hm 11 K					
1	172	Lene Jensen		Helsingør SOK	37:54,0
2	189	Lars Bech Jensen		Ballerup OK	38:36,0
3	107	Claus Børsting	54	Herlufsholm OK	39:51,0
4	196	Flemming Wendelboe		Helsingør SOK	40:23,0
5	117	Jan Frank Nielsen	62	FSK Orientering	43:47,0
6	116	Maj Weise Christiansen	39	Ballerup OK	44:59,0
7	193	Bruno Stub		PI-København	46:15,0
8	190	Gunner Sig		Søllerød OK	46:36,0
9	200	Ole D. Jensen		Tisvilde Hegn OK	46:39,0
10	123	Lone Nielsen	39	Kildeholm OK	47:53,0
11	125	Kristian Nordholm	54	Lyngby OK	48:18,0
12	179	Steen Fladberg		Køge OK	49:12,0
13	124	Karina Isaksen	30	Lyngby OK	49:49,0
14	126	Søren Rinder	53	Lyngby OK	50:28,0
15	122	Jørgen Jensen	83	Helsingør SOK	50:48,0
16	186	Nils Sættem		Kildeholm OK	52:19,0
17	197	Charlotte Grauert		Ballerup OK	53:02,0
18	128	Jørgen Luxhøj	51	Søllerød OK	55:46,0
19	113	Ellen Kühn Jensen	63	Ballerup OK	59:40,0
20	176	Jannie Nielsen		Holbæk OK	1:01:09,0
21	114	Jan Kristoffersen	74	Ballerup OK	1:01:10,0
22	121	Nils Lind Petersen	67	FSK Orientering	1:01:54,0
23	194	Roland Dumong		OK ØST Birkerød	1:01:58,0
24	127	Preben Kristensen	66	OK Roskilde	1:06:39,0

Pl	Stnr	Navn	År	Klub	Tid
Åben3 (31)		4.5 km 0 Hm 11 K		<i>(skrifttyper)</i>	
25	208	Henriette Reinwald		AMOK	1:14:18,0
26	188	Birte Langkilde		Ballerup OK	1:15:31,0
27	171	Frida Hagedorn		Søllerød OK	1:16:27,0
28	118	Jens Thorup	61	FSK Orientering	1:17:17,0
29	120	Marianne Krowicki	62	FSK Orientering	1:24:36,0
30	115	Johanne Lind	67	Ballerup OK	1:33:24,0
	119	Lars Basballe	63	FSK Orientering	Ikke startet

Åben4 (28)		3.5 km 0 Hm 11 K			
1	147	Blassius Chin	73	Køge OK	39:40,0
2	195	Birgitte Krüger		Helsingør SOK	44:00,0
3	192	Susan Stub		PI-København	44:36,0
4	145	Flemming Larsen	81	Helsingør SOK	47:49,0
5	131	Erik Roslyng	72	FSK Orientering	48:25,0
6	150	Else Juul Hansen	76	Søllerød OK	49:32,0
7	136	Jytte Sørensen	62	FSK Orientering	49:39,0
8	143	Per Lennart Johansson	77	FSK Orientering	49:42,0
9	140	Lisbet Hansen	68	FSK Orientering	50:05,0
10	130	Kuno Rasmussen	74	Ballerup OK	50:26,0
11	183	Leif Sig		FIF Hillerød	50:30,0
12	169	Annlou Husen		Farum OK	52:12,0
13	139	Leo Mathiesen	80	FSK Orientering	58:05,0
14	164	Tina Ottesen		Ballerup OK	1:01:34,0
15	141	Lise Kolte	75	FSK Orientering	1:02:09,0
16	138	Kurt Jespersen	74	FSK Orientering	1:03:04,0
17	148	Flemming Bantz Sørensen	70	Lyngby OK	1:03:29,0
18	167	Niels Lund		Søllerød OK	1:04:14,0
19	129	Inge Christiansen	67	AMOK	1:05:40,0
20	133	Hans-Ole Ketting	76	FSK Orientering	1:08:49,0
21	144	Pia Juul Roslyng	66	FSK Orientering	1:10:09,0
22	142	Ole Brusck	73	FSK Orientering	1:13:05,0
23	149	Anja Andersson	50	OK Roskilde	1:16:22,0
24	134	Inger Jensen	79	FSK Orientering	1:35:03,0
	135	Jytte Eltang	80	FSK Orientering	Fejlk.
	132	Finn Larsen	71	FSK Orientering	Ikke startet
	137	Karl Aage Hald	75	FSK Orientering	Ikke startet
	146	Ilsabe Børsting	54	Herlufsholm OK	Ikke startet

Åben5 (16)		5.1 km 0 Hm 12 K			
1	165	Tore Emil Maarup		Allerød OK	51:34,0
2	191	Lars Peter Andersen			57:15,0
3	187	Martin Trier Hansen		OK Skærmens Værløse	59:39,0
4	151	Kirsten Lange	53	Allerød OK	1:01:57,0
5	157	Mette Juul Roslyng	32	FSK Orientering	1:07:21,0
6	152	Line Bisgaard	39	Ballerup OK	1:11:40,0
7	159	Nina Skyggebjerg Olesen	17	Lyngby OK	1:12:25,0
8	158	Pernille Thieme	26	FSK Orientering	1:12:41,0
9	154	Susanne Christiansen	64	Farum OK	1:15:01,0
10	155	Ana Magdalena Chirita	46	FSK Orientering	1:20:02,0
	156	Karl Thieme	21	FSK Orientering	Fejlk.
	202	Christian Braad Petersen		OK Melfar	Fejlk.
	204	Leif Kajberg		OK73	Fejlk.
	207	William Nielsen		Tisvilde Hegn OK	Fejlk.
	153	Bo Christiansen	39	Farum OK	Ikke startet
	160	Merete Kjær Buchgreitz	54	Søllerød OK	Ikke startet

Pl	Stnr	Navn	År	Klub	Tid
Åben6 (5) 3.4 km 0 Hm 8 K					
1	185	Flemming Vejen		Ballerup OK	27:21,0
2	182	Victor Nielsen		Tisvilde Hegn OK	41:00,0
3	163	Hanne Bech	69	OK73	1:01:18,0
4	161	Inge K. Kristoffersen	74	Ballerup OK	1:07:55,0
	162	Edith Lund	83	FSK Orientering	Fejlbl.